

# MENTAL HEALTH CHALLENGES FOR PEOPLE LIVING WITH HIV

MANY PEOPLE LIVING WITH HIV ALSO STRUGGLE WITH THEIR MENTAL HEALTH



**55 in 100** people living with HIV struggle with one or more mental health problems (MHP) such as depression and anxiety.

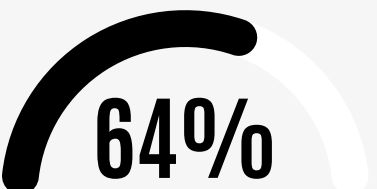
DEPRESSION, ANXIETY, AND PTSD ARE COMMON AMONG PEOPLE LIVING WITH HIV



**STRUGGLE WITH DEPRESSION**

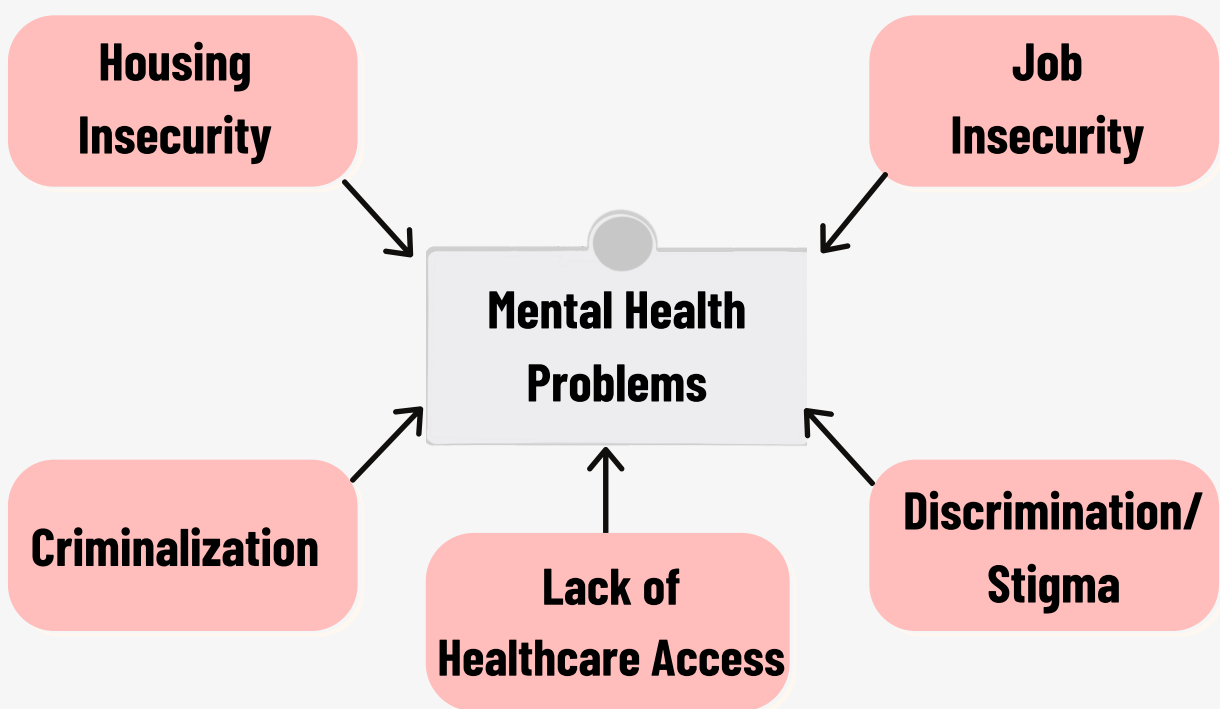


**STRUGGLE WITH ANXIETY**



**STRUGGLE WITH PTSD**

MANY FACTORS CONTRIBUTE TO MHP IN PEOPLE LIVING WITH HIV



RESOURCES FOR PEOPLE LIVING WITH HIV

**Florida HIV/AIDS Hotline**

Call 211

800-FLA-AIDS (800-352-2437) English  
800-545-SIDA (800-545-7432) Spanish  
800-AIDS-101 (800-243-7101) Haitian Creole  
888-503-7118 TDD/TTY users

**Suicide and Crisis Lifeline**

Call 988

Available in English and Spanish

**SAMHSA's National Helpline**

1-800-662-HELP (4357)

Available in English and Spanish

SCAN THE QR CODE FOR REFERENCES

